



UNITED METHODIST COMMITTEE ON RELIEF

HEALTH and HYGIENE KITS

Hygiene kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disaster (hurricane, fire). Thanks for helping someone in need. New items only.

You should be able to acquire the materials for a hygiene kit for about \$12 per kit

ITEMS TO PUT IN GREEN BAG:

One hand towel (15 x 25 –17 x 27 inches)

No kitchen, cleaning, or microfiber towels

One washcloth

No kitchen, cleaning, or microfiber towels

One comb

Must be sturdy with at least 6 inches of teeth

No pocket combs or picks

Rattail and combs without handles are acceptable but must have at least 6 inches of teeth

One toenail or fingernail clipper

No emery boards or metal nail files

Bath-size soap (3 oz. bar or larger)

No Ivory or Jergen's soap

Do not remove from packaging

One adult toothbrush

Do not remove from packaging

Personal advertising not acceptable

Ten adhesive bandages (¾ by 3 inches)

Common household bandages acceptable

One one-gallon size re-sealable bag

\$2 to cover shipping expenses

Additional Requirements:

All items must be new.

Do not wash any of the items as they will no longer be considered new.

Do not include any personal notes, money or additional materials in the kits.

Contents of kits or the containers of kits should not be imprinted with cartoon characters, advertisements, religious, patriotic, military, or camouflage symbols.

Pick up a green bag at the Welcome Desk or use your own bag.

Please return items by December 9



Sunday Suppers

Help provide items needed by people who are homeless in Washington, D.C.

Hygiene Items

Deodorant

Any travel size toothpaste, tooth brush, shampoo, conditioner, lotion, soap

Fingernail clippers, files

Hand and foot warmers

Clothing

Warm clothing including jeans, sweaters, boots, hats, gloves, coats, scarves, jackets